

# LifeStyle!

## Reiki Treatment

### Divine Discovery Holistic Healing

Enjoy a complimentary session with Reiki Master, Deanna Smith.

**Wednesday, September 10th**  
10:00 am – 2:00 pm

Franklin Conference Room

Reiki is a gentle energy healing practice that promotes relaxation, reduces stress, and supports overall well-being. In just 20 minutes, you can experience deep calm, improved energy flow, and a renewed sense of balance.

**Click here** to find out more information about Reiki.

### Sign up on the 2LP Tenant App.

Click or scan the appropriate QR Code to download the Coretrust Management App.



Apple



Android

## CVS Health®

### Flu & Vaccine CLINIC



**Wednesday, September 17th**  
11:00 am to 2:00 pm

Washington Room  
(3rd floor Conference & Community Center)

### Appointment Required

RSVP on the 2LP Tenant App where you will also find the link to complete your registration.

Click or scan the appropriate QR Code to download the Coretrust Management App.



Apple



Android

## 2LP FIT | OPEN HOUSE

**Tuesday, September 30th, 11:00 am – 6:00 pm**  
4th Floor - South Tower



### Discover everything 2LP FIT has to offer!

Jump into group classes, explore the fitness floor, and take a guided tour.

**OPEN TO ALL 2LP TENANTS**  
**PRE-REGISTRATION IS REQUIRED FOR NON-MEMBERS**

### Register on the 2LP Tenant App

Click or scan the appropriate QR Code to download the Coretrust Management App.



Apple



Android

## “BOOK IT!”

**Join the first quarterly book club for 2LP tenants!**

**Build connections, explore great literature, and spark meaningful conversations.**

**Complimentary snacks, beverages, and notebooks for future club discussions will be provided!**

**Wednesday, September 24**

12:00 Noon – 1:00 pm

Franklin Conference Room

The book selection for the first Book Club on September 24 is:

### ATMOSPHERE

A NY Times Bestseller and Good Morning America Book Club Pick!

**THE FIRST 10 TENANTS TO RSVP WILL RECEIVE A FREE COPY OF ATMOSPHERE**



### RSVP on the 2LP Tenant App

Click or scan the appropriate QR Code to download the Coretrust Management App.



Apple



Android

## 2LP'S HIVE TO HONEY JAR WORKSHOP

**Bee Wise and take part in every step of a honey extraction. Uncap the frames, spin the honey out of the honeycombs, and jar and label the honey to take home!**

**October 1st • 2:00 pm – 3:00 pm**

Independence Conference Room

### RSVP on the 2LP Tenant App

Click or scan the appropriate QR Code to download the Coretrust Management App.



Apple



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