


LifeStyle!



Thank you for sharing your good health!


Cigna Blood Drive Results
 The recently held American Red Cross blood drive at **Cigna collected 30 pints of blood** on a goal of 25! Because of your efforts, the blood collected will help save the lives of **60 local hospital patients**.

Thank you, 2LP blood donors for supporting the mission of the American Red Cross. You saved lives, and they could not have done this without you!

2LP FIT | POP-UP CLASS

“STRETCH AND RECOVERY WITH KELLY”
12:15 pm Thursdays • July 11th - August 15th

Stretch and Recovery is a yoga-style class that builds flexibility and strength and leaves you feeling centered and calm. This is a particularly great exercise if you are returning to fitness after a break or if you are seeking an exercise class that complements other types of exercise you may be doing.



Move better • Feel Better • Improve Circulation • Train Better

Click here to reserve your spot!



SIGN UP FOR THE NEXT BLOOD DRIVE

Hosted by **CBRE**

Tuesday, September 10
 9:00 am - 2:00 pm

CLICK HERE

Shakespeare’s Classic Comedy
 Presented by: **SHAKESPEARE IN CLARK PARK**



AS YOU LIKE IT

July 24 – 28th 2024 (7pm)

A West Philly tradition like no other, the Bard takes center stage under the stars as Shakespeare in Clark Park Presents “As You Like It”, the pastoral comedy of lovers and friends exiled to the forest, discovering romance, adventure, disguise, reunions and reconciliation.

This professional play production takes place at Clark Park, “in the Bowl,” which is transformed into the forest of Ardenne. Don’t forget your blankets and lawn chairs, and be sure to pack a picnic and some snacks.

Click here for more information.

LIONS AND TIGERS AND ... BEERS, OH MY
 TAKE A SIP ON THE WILD SIDE!



PHILADELPHIA ZOO
SUMMER ALE FESTIVAL



SATURDAY
 July 20, 2024
 7-10 pm

This 21-and-up event features live music and entertainment, food trucks and over 100 award-winning seasonal craft beers and ciders to enjoy while you explore the zoo at night.



Tickets are required and include parking, a souvenir tasting cup and a free shuttle from Philadelphia’s William H. Gray III 30th Street Station.

Click here for more information.