

LifeStyle!

SEE YOU @SIPS
 JUNE 5 - AUGUST 28



CCD SIPS CELEBRATES 20th ANNIVERSARY EVERY WEDNESDAY

This summer marks the 20th anniversary of Philadelphia's favorite happy hour, Center City District (CCD) SIPS. Dozens of bars and restaurants will take part in the tradition by offering exclusive discounts found only in Center City.

Every Wednesday, from 5 p.m. to 7 p.m., dozens of venues will serve **\$7 cocktails**, including specials made with Hornitos® Tequila, **\$6 wine**, **\$5 beer** and **half-price appetizers**. After 7 p.m., select locations will provide 15% off dinner.

Visit ccdsips.com for the full list of participants!

Complimentary Chair Massage
 Wednesday, June 12, 2024
 10:00 am - 2:00 pm, 3rd Floor - Madison Room



Sign up in the Tenant App starting Monday, June 10th to reserve your spot!

THERE'S STILL TIME TO DONATE BLOOD

Give hope this spring.
 Give blood.



BLOOD DRIVE!
 Hosted by CIGNA
 Wednesday, June 5th
 10:00am - 3:00pm
 3rd Floor - Independence/Liberty Room

Maximize your blood donation. Help more patients.
 If you are an eligible Type O, B - or A - donor, consider making a Power Red donation. Red blood cells are the most commonly transfused blood component.

Make an appointment.
CLICK HERE



Build the blood supply: Come give 5/20 to 6/9 for an exclusive Tetris and Red Cross shirt, ltd. qty.

2LP FIT + STRIVE PT & Wellness P T W O R K S H O P

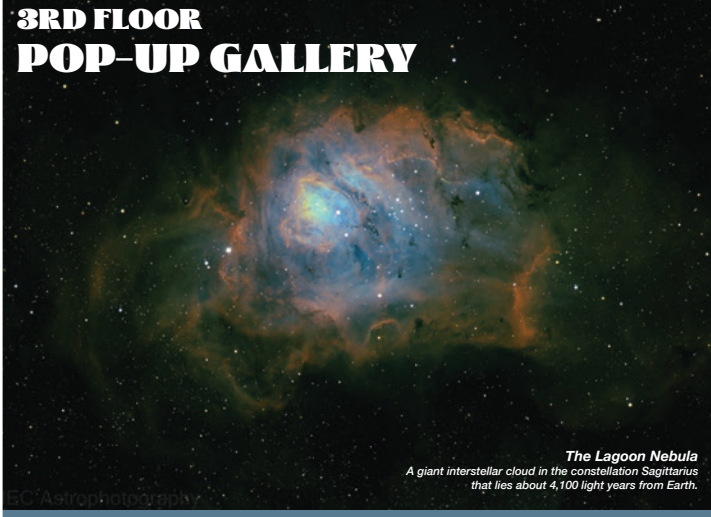
Bone and Joint Health with Strive Physical Therapy
 June 26, 2024
 12:30 - 1PM
 Washington Room - 3rd Floor



Did you know there are other ways besides exercise to prevent bone and joint issues? Join Strive Physical Therapy and learn how to prevent bone and joint pain through healthy eating, appropriate Vitamin D, calcium and phosphorous consumption, and weight management.

Refreshments will be served - reserve your spot on the Tenant Experience App today!

3RD FLOOR POP-UP GALLERY



The Lagoon Nebula
 A giant interstellar cloud in the constellation Sagittarius that lies about 4,100 light years from Earth.

Visit the Café, 3rd floor seating area to view the incredible astrophotography of Bucks County local, James Cahill!

An IT specialist by day, Mr. Cahill started with a webcam, imaging the Moon and planets. After that, he was hooked, adding equipment to take photographs of farther away objects, like nebulae galaxies and star clusters. Pairing a digital camera and using the telescope as a "lens" has enabled him to take remarkable photos of what has always been his passion - the night sky.

Mr. Cahill received the Patrons' Award at the 27th Phillips' Mill Photographic Exhibition, a prestigious, well-regarded photography show traditionally showcased in the Phillips' Mill Gallery in New Hope, PA. He has been honored to have been accepted into this photography exhibition for the years 2019, 2020, 2023 and 2024.

A SUCCESSFUL 2024

E-WASTE

COLLECTION!

Thanks to our tenants, we collected over 2,000 lbs. of electronic waste!



Philadelphia Juneteenth Parade & Festival
 Sunday, June 16, 2024 | Noon-7 p.m.



Juneteenth marks the anniversary of when the last enslaved people in Texas were informed of their freedom, a date celebrated locally since 2016 at the Philadelphia Juneteenth Parade & Festival.

The Juneteenth Parade is the largest in the nation with 25,000 attendees, 2,000 participants and over two-dozen floats parading down 1.5 miles of 52nd Street in West Philadelphia. The day also features the Juneteenth Marketplace & Art in the Park at historic Malcolm X Park with over 250 vendors, and the family-friendly Juneteenth Music Festival at 52nd Street and Larchwood Avenue.

Click Here for more info.