**OCTOBER 2022** 

# Life Style!



#### CVS FLU SHOT CLINIC

#### Wednesday, October 12th

11:00 am - 4:00 pm Washington Room -

3rd floor Conference and Community Center A limited number of COVID-19 Moderna Booster shots will be available – please note if you would like a booster when reserving your time slot.

#### Appointment required.

Click or scan the QR Code to schedule your appointment.

Please bring your health insurance card and COVID-19 Vaccination Card (if applicable) to the clinic.

#### The Cigna Philadelphia Healthy Life Fitness Center is Open!



For further information, please e-mail: Facility Manager, Benjamin Fineman **PhiladelphiaHLFC@cigna.com** 

#### Enter to Win! – FITBIT CHARGE 3

compliments of The Healthy Life Fitness Center



#### Beginning on October 3rd,

Scan the QR Code to be entered to win a Fitbit Charge 3.

One winner will be selected on Friday, October 14th





\* SPOTS ARE STILL AVAILABLE! \* From Hive to Honey Jar Workshop

Join us for a hands-on honey extraction workshop.



### A Non-Profit Festival Benefitting Musicians and Kids 6 Nights, 21 Bands, 1 Scene October 10 - 15

C FEST

This six-day music festival is spread among some of Philly's most iconic music venues, including The Ardmore Music Hall, World Cafe Live, Johnny Brenda's and Milkboy. Acts include Low Cut Connie, Electric Candlelight and Ron Gallo. In all, 21 bands hit the stage during the event, which benefits local musicians and music education programs.

#### **Click Here for further information**

## Halloween Contest

Submit a photo of your best Halloween expression to cryan@coretrustmanagement.com

#### by October 15th

Photo can be of you, your children, grandchildren, or your family pet in costume. (photos of your Halloween home décor is also encouraged)

SCIENCE AFTER HOURS

## Win 2 tickets

to the Franklin Institute's

Our beekeeper will assist you over the course of this fun-filled hour as you uncap honeycomb cells, hand-spin honeycombs in the centrifugal extractor, and filter the raw honey before jarring and labeling.

Walk away with an unforgettable experience and your very own jar of honey straight from our 2LP hives!! Thursday, October 20 1:00 pm

Independance Room 3rd Floor

RSVP today on the 2LP Tenant App, Click Here!



28

Winner will be announced in the November edition of LifeStyle!

PHILADELPHIA

