

# LifeStyle!

Chocolate Covered Strawberries for

## Valentine's Day!

Need a quick Valentine's Day Gift?

You can't go wrong with hand-dipped chocolate covered strawberries!



Tasting Grounds, 3rd floor at 2LP

Pre-order: February 4th – 7th

Pick up: February 12th – 14th

## February Wellness Week at 2 Liberty Place!

### zeel

- **Tuesday, Feb 18 - Assisted Stretching**  
10am – 3pm
- **Wednesday, Feb 19th - Mindfulness Workshop**  
1 – 2pm (email Candace Ryan for signup at [cryan@coretrustmanagement.com](mailto:cryan@coretrustmanagement.com))
- **Thursday, Feb 20th - Chair Massage**  
10am – 3pm

All sessions/dates will be in the Madison Conference Room located on the 3rd floor of 2LP.

To sign up for an appointment visit:

[www.zeel.com/signup](http://www.zeel.com/signup)

(login if you already have an account)



## Bundt Cake Perfection!

NOTHING bundt CAKES®

Each cake recipe only uses the finest ingredients; real eggs, butter and cream cheese!

**Tuesday, February 11**

11am – 1pm ♥ 3rd Floor

Pre-ordering is not necessary, but available for your convenience.

Email [cryan@coretrustmanagement.com](mailto:cryan@coretrustmanagement.com) for a pre-order form.



## February is Women's Heart Health Month!

**Friday, February 7**  
3rd floor lounge  
12:00 Noon – 1pm

**Learn more about heart health for women!**

Healthy Life Fitness Center will have representatives on hand with information on preventive care, giveaways and a selfie station!



## Need to Meet?

The Conference and Community Center, **located on the 3rd floor of 2 Liberty Place**, is a collection of beautiful meeting spaces outfitted with user-friendly presentation technology.

### Technology includes:

- High -speed Wi-Fi • Ethernet access • Teleconferencing services •
- Wall-mounted large-screen displays • Connectivity provisions for user-provided content

### Hours:

**Monday – Friday, 8 am – 5 pm** (Available after-hours upon request)

2 Liberty Place tenants may reserve conference rooms on a complimentary basis during regular business hours.

To request a reservation, please visit the **2 Liberty Place Tenant Center** at [www.tenanthandbooks.com](http://www.tenanthandbooks.com) or email Candace Ryan at: [cryan@coretrustmanagement.com](mailto:cryan@coretrustmanagement.com)

# 2LP

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